

ULPHA PARK AND BARROW FEL

SCALE 1:7500 CONTOURS 5M

JK 2015 Day 2 Ulpha Park

Planning for Older Competitors



ULPHA PARK AND BARROW FELL

SCALE 1:7500 CONTOURS 5M

EVENT BACKGROUND



D
7
19



ntering

ULPHA PARK AND BARROW FELL

SCALE 1:7500 CONTOURS 5M

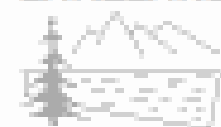
DUDDON VALLEY SSSI



ULPHA PARK AND BARROW FELL



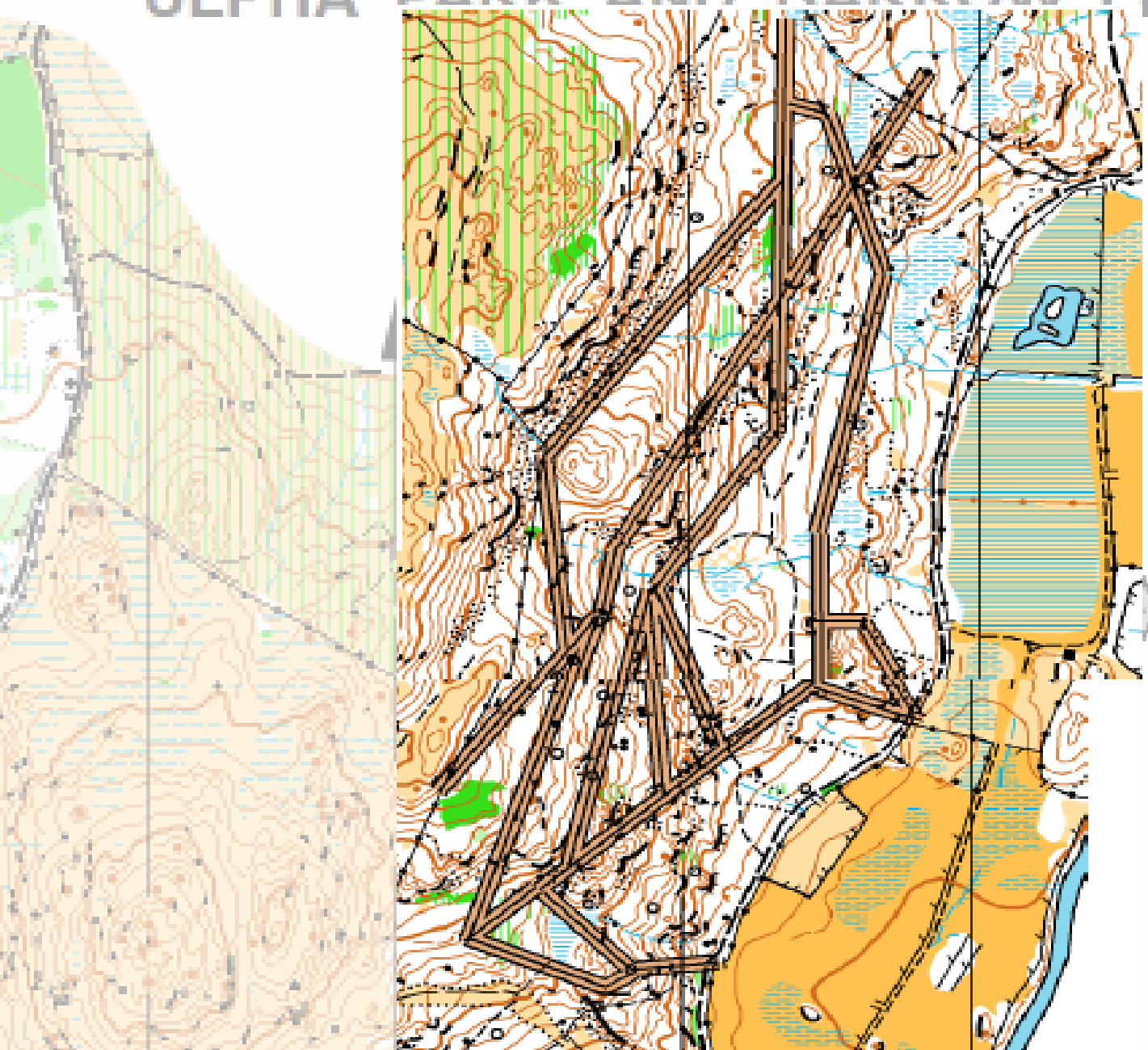
LAKELAND



orienteering



British Orienteering



ULPHA PARK AND BARROW FELL

SCALE 1:7500 CONTOURS 5M

Re-planning Issues

- More courses moved to southern start.
- Straight line climb.
- Higher start for courses 21 to 30.
- Lower start for juniors and oldest competitors.
- Crossing Logan Beck and the road.
- Bio-security.
- Routes down steep slopes on Ulpha Park.
- Maintaining agreed corridors.



ARROW FELL

5M



JK620415
LAKELAND DISTRICT
DAY 2



LAKELAND



ULPHA PARK AND BARROW FELL

SCALE 1:7500 CONTOURS 5M

Course Combinations



C23	50-60
M80L	52.01
M70S	49.47
M75S	83.32
W18S	48.20
W20S	
W21V	34.31
W55S	56.47
W60S	58.33
W65S	60.31
W75	63.56

C24	50-60
M85	59.16
M90	44.14
W70S	55.38
W80	64.00

LAKELAND



ULPHA PARK AND BARROW FELL

SCALE 1:7500 CONTOURS 5M

ISSUES

- Need to meet the needs/expectations of the competitors.
- JK a holiday event, or the British Open Championships?
- Course combinations for more physical areas?
- Small classes with a wide ability range.
- Unrealistic expectations of competitors in terms of their own fitness and technical ability?



ULPHA PARK AND BARROW FELL

SCALE 1:7500 CONTOURS 5M

Possible Solutions?

- Look again at course combinations
 - Different combinations for more physical/technical areas.
 - Rather than age group classes for older Vets introduce colour coded type courses to meet a range of abilities.
 - Consider the use of remote, rather than assembly area finishes.
 - Make it easier and less expensive to change entries.



ULPHA PARK AND BARROW FELL

SCALE 1:7500 CONTOURS 5M



CONSULTATION



British Orienteering

ULPHA PARK AND BARROW FELL



EventScotland

The Highland Council
Comhairle na Gàidhealtachd



R1	R2	R3
Reserve punch boxes if SI unit fails		

Map number: 631

Based on Lidar data supplied by the Scottish Orienteering Association. Survey and cartography (2014 & 2015) by Deeside Orienteering & Leisure Maps. Copyright © SOA 2015. Grid reference: NJ000550.

Access to the land shown on this map is covered by the principles set out in the Scottish Outdoor Access Code. For further information see www.outdooraccess-scotland.com



Alb
FIRST
R2

teering